Four Day Intensive Food Addiction Workshop NEW DATES 11-14th of May 2021 Folly Farm, Bristol UK



Featuring international sugar addiction expert Bitten Jonsson

Hosted by Dr Jen Unwin



Learn about detoxing from sugar and flour, eliminating cravings and preventing relapse. Eat as a recovering sugar addict, be part of a network of recovering sugar addicts. For patients and professionals.

All food, accommodation and 6 month online follow up included. For more information contact info@bittensaddiction.com or jenunwin@hotmail.co.uk