

PREVIEW_ Ken Berry - Presentation (LCC 2018) 1

Dr. Ken Berry: That's what's going to help me change the curve of the diabetes epidemic, because that's my goal. I don't know if you guys know that but my goal... basically I practice in the unhealthiest County, in the unhealthiest state in America. And I was like, "Ain't that bad!"

Wait a minute... what? And I started looking at the research in Benton County Tennessee, in Tennessee in the US, at the bottom of everything when it comes to obesity, to smoking, to heart attack risk, to CVA risk, every kind of morbidity and mortality skyhigh in my state, in my county.

And it ain't my fault, I swear. But it was kind of a watershed moment for me. I was like, "No, that's it, I'm done with that." And so is my mission to change... you know that curve, the Alzheimer's curve, the autism curve, the diabetes curve...

No, I'm done with that, I'm going to fix that. That's what I'm here to do today and that's what I do every day, is I'm fighting that curve. I'm going to be laughing and high-fiving Neisha the day that curb does this.

Can you imagine that day when the new data comes out? Oh, there's been a 10% decrease in type 2 diabetes. Yes, but that's my goal. And I know that's kind of a big bike to chew up but...