

**PREVIEW - Sarah Hallberg (Lemon cream artichoke) - CKK  
(Breckenridge 2018)**

**Kristie Sullivan:** I'm so happy to have Sarah Hallberg here with me to make one of your husband's recipes. "Are you sure we can have this? Is this on our diet?" "Yes, just eat."

**Dr. Sarah Hallberg:** Absolutely start from day one not getting into the two dinner trap. Mmm, I always love this.

**Kristie:** You're used to your husband making it?

**Sarah:** Uh-huh.

**Kristie:** Would he be proud?

**Sarah:** Yeah, he would be proud.