

## PREVIEW\_ Evelyne Bourdua-Roy - Interview 2 (Breckenridge 2018) 1

**Dr. Evelyne Bourdua-Roy:** To tell you the truth, at first I got mixed responses, some more negative responses and some neutral and some were curious. And some doctors were quite glad that somebody finally would address the lifestyle issues of patients as all of our guidelines start with address lifestyle changes first and medication

But as I started getting results I started converting doctors around me. And they started talking about it to their patients and themselves offering it to their patients and getting results. So now it's you know the whole attitude has changed around me.

**Dr. Andreas Eenfeldt:** So you get to argue with results, I had the same experience. Working as a doctor myself, once you get some pretty impressive results with your patients, then your colleague doctors think, "Okay there is something to this" and maybe they even start referring their difficult patients to you, like, "Maybe you can take care of this. This patient might need some of that".

**Dr. Evelyne Bourdua-Roy:** Actually many of my colleagues started referring their own parents to me.

**Dr. Andreas Eenfeldt:** Now that's a vote of confidence.

**Dr. Evelyne Bourdua-Roy:** Their spouses, daughters, sons, children, yes. I'm getting you know a lot of referral now from my colleagues and from other doctors who say, "Help me with my mom".