

PREVIEW_ Michael Eades - Presentation (Breckenridge 2018) 2

Dr. Michael Eades: So this is a picture-- you can go on Google and find any of these... This is a picture of a sorority in the 1950s. This is in Louisiana, this is Leesville in fact, and these girls were on a campout.

And I picked this one specifically because they are in shorts and you can see what they look like. Well that was in the 1950s and all these women I'm sure ate carbohydrates. They weren't on low-carb diets, they ate carbohydrates, they had toast for breakfast, every House in America had a toaster.

And that's what they looked like in 1950. If you look at fraternities in 1950s, again these were all on Google... Fraternities in 1950 they are harder to see, because the fraternity guys were all dressed up. This is interesting because this picture in the upper right is a group of college musicians in 1897.

And you can see between 1897 and 1950 there really hasn't been any change, because there wasn't a big change in obesity since 1897 and the 1950s. If you look at another one you can see - ah, there it is. How did that get connected I don't know.

But if you look down at the lower right you can see some guys in their shorts, so you can see what they looked like and you can see one overweight guy. That doesn't mean that it wasn't any obesity back in the 1950s, because there was, but it wasn't very common.

And in each group you would find one obese person, one overweight person. Every school room, every classroom that I was in had one kid that was chubby and it was usually a boy. But that's what it was like back in the 1950s before this obesity epidemic took off.