

PREVIEW_ Eric Kossoff - Presentation (Breckenridge 2018) 2

Dr. Eric Kossoff: And so in the early 1990s we in the ketogenic diet for epilepsy world were not in a great place. The diet was really seen as a therapy of last resort only in children and for the most part even in the early 90s only in the United States.

If you went to the American Epilepsy Society meeting, a great conference, you'd be hard-pressed to find anything about the ketogenic diet there in the early 90s. Maybe a poster here and there, but no sessions, no lectures, really very little at that time.

Articles written about the ketogenic diet would put it into alternative medicine. We now consider it more non-pharmacologic, that's often where it ends up. But at the time it was perceived as alternative and we really came a long way to say it's actually not alternative, it's just different.

Now today it is everywhere, it is all over the place. You've seen some great screenshots in the Wall Street Journal this morning. Amazing. But this is from Time magazine, New York Times, they love to show bacon all the time. I think the photograph is well. I think that maybe what it is.

We always kid around about it. But the parents see this and the parents are interested and they're looking for other ideas for their children with epilepsy and it's great that this is coming out in the popular media.