

PREVIEW_ Eric Westman - Interview 2 (Mallorca 2017)

Dr. Eric Westman: I'm watching with interest the new data, new science that's controversial. The treatment of Alzheimer's, and cancer and all these things that look really promising. But they're not at the level of the FDA approval for a drug.

So I watch this and it's a little frustrating... I don't know the right word, but we have all of these data saying diabetes and obesity... "Do it, use low-carb, use keto, it's safe, it's effective." But some people, their first introduction is the use of low-carb or keto with one of these less established diseases.

And there's this desire to have controversy and all that. In fact we've worked hard to keep low-carb out of the news, because it's not news that treats diabetes. And yet now you have the newsworthy new treatment, but the level of evidence isn't merely the same. Does that make sense?

Ivor Cummins: Absolutely, low-carb is being brought open in particularly controversial topics, which isn't ideal.

Dr. Eric Westman: Well, it's not controversial for diabetes and obesity and yet that spills over, doesn't it.