

PREVIEW_ Audra Wilford - Presentation (San Diego 2017) 2

Audra Wilford: When it came to presenting the ketogenic diet to our medical team my husband compiled like a lit review and brought it all together and said, "With all due respect, you know, we'd love for you to take a look at this, you know, we'd like to try it with Max if it's okay with you."

There are other parents in our network who had sort of... Because there is a lot of vitriol, you know, you're dealing with life and death, yelling at the oncologist just doesn't really work. So we were able to really develop this trust by working together to say we want to consider what supplements we're going to add depending on the phase of treatment and things like that.

So we had our baseline of trust already built for the medical team, we presented the evidence and what happened here is recurrence was confirmed... Well, we said first if it is confirmed we'll go on a ketogenic diet.

My husband and I went on a ketogenic diet in advance, it's like we had this sense, "It will happen, we're going to try it out first." And the recurrence was confirmed, they called it pervasive disease spread throughout the brainstem. You don't just stop that. I don't think there's a really... I don't know, that just ends.

Pervasive disease spread in the brainstem doesn't just stop on its own that we know of so we started the ketogenic with Max September 1st of that year and the oncology team said, "Go to the keto clinic, we don't feel good about you doing this on your own." And the keto clinic for those of, you know, pediatric healthcare is the epilepsy clinic.

And we're facing challenges there, cancer is super different. But we went anyway because we're looking at building that team and making sure that we could work with our oncologist. By the 3rd of September Max was doing really, really well on ketosis, kids do great with this by the way. November 2013 tumor progression stops no other intervention, nothing. Nothing other than a ketogenic diet and the protocol we have for Max.