

PREVIEW_ Andreas Eenfeldt - Q&A (San Diego 2017) 2

Questioner woman: I am an ER nurse and I just want to know... A lot of times I feel my hands tied when it comes to educating my patients, we have very strict protocols and standards for how we deal especially with diabetes and educating patients, we have diabetes educators who...

I have to just zip it and keep my mouth closed when they put these patients, who aren't even on insulin, on an insulin protocol just because they walk through the door and they are in hospital now and all of a sudden they have to be on insulin.

My question to you is, "How do you suggest we handle that as healthcare providers who are also very much low-carb and keto pro, to deal with that?"

Dr. Andreas Eenfeldt: Yeah, it's a very good question, I think it's really hard if you work in the ER. Because you don't have quite the same follow-up as a GP or family doctor, right? And it gets confusing potentially for people when they get to hear different stories.

I mean it might sound self-serving but how about saying, you know, "Go to DietDoctor.com and check it out. It could be something for you." And then you don't have to give them an entire lecture. At least it doesn't take you 20 minutes, it takes two seconds.

And maybe they can find what they need there and be empowered to do it themselves. Or not, but at least that's a potential way, right? I think it's a hard situation, I don't know the right answer. Maybe it's from case to case.