**Dr. Georgia Ede:** So all of those pieces together have convinced many scientists and have convinced me that it makes sense to consider Alzheimer's as an insulin resistance disease.

And there is a researcher named Susan Delamont who almost 10 years ago now coined the term type 3 diabetes, started calling Alzheimer's as type 3 diabetes and that has caught on. So you see that term in research papers now.

And this is a quote from her. "Disturbances and brain insulin and IGF signaling mechanisms could account "for the majority of molecular, biochemical and histopathological lesions in Alzheimer’s disease." Basically saying, "This is the problem."