

## PREVIEW\_ Malcolm Kendrick - Interview (Manchester 2017) 1

**Dr. Andreas Eenfeldt:** How about statins? Should anybody be on statins? You are a family doctor, do you put people on statins?

**Dr. Malcolm Kendrick:** I don't put people on statins because everybody knows I am a family doctor. In fact people tend to come to me to say, "I'd like to come off them." But would I put people on statins?

In what they call secondary prevention, which is you already had a heart attack or stroke, they appear to have some benefits, which exist. I would say however, when they looked to this and said, "What's the increase in life expectancy, if you take a statin for five years, even if you are at high risk?" And the answer was 4.2 days.

**Dr. Andreas Eenfeldt:** Yeah, and keep in mind that is if you believe that the pharmaceutical companies are 100% honest with their data, you could believe that then it's 4.2 days.

**Dr. Malcolm Kendrick:** If you believe that all the studies are correct and absolutely beyond... yeah, 4.2 days. Even though they are done by the people who are selling this thing that they are testing.

I was thinking last couple of weeks ago, you know, the International of Athletics Federation have said that any world record before 2005 should just be struck off the record, because we don't know if people were cheating.

Well, they introduced new regulations in pharmaceutical company research in 2005. Since then there has been no positive statins study. Before that all the studies were positive. So something happened.