

PREVIEW_ Kristie Sullivan - 1st Interview (SD 2017) 1

Kristie Sullivan: And that's when I decided, "I'll do this or I'm going to die trying." Because at that point in my life I had accomplished everything I'd ever wanted to do. I had a PhD, I had a great husband, I had two amazing kids, nice house, a good job, a professional career with a good reputation and the one thing that I had never been able to control ever in my life in spite of everything, was my weight.

And I always wondered what was wrong with me, I felt like there was something different, something biologically different, that wasn't known, but I decided I was going to do it or die trying because my quality of life was so... It was just unacceptable, it was so difficult for me.

Because of the pain I couldn't go upstairs and kiss my children good night. I'd fix dinner for my family and go to bed because I was in so much pain. The children would come and kiss me good night in my bedroom and then go upstairs.

And as a mom that's just heartbreaking. And they were young. So I decided I wasn't going to live that way, I decided they deserved more, I decided that if I couldn't do it, they were better off. And I would even think about the mom... I thought about my husband remarrying.

And I thought about the mom they might have if I was just out of the picture, a mom who could do things with them, who could get for walks, and hikes, and swim. So it was a pretty awful place to be.