

## PREVIEW\_ John Schoonbee - Presentation (Breckenridge 2017) 2

**John Schoonbee:** You know, we've got half of the world that's pre-diabetic, we've got 2/3 of the world that's overweight and being obese and being diabetic is not great. And I think it is so unfair that those people simply do not have a choice.

Because they aren't informed, right? I know that drinking this is really bad for me and I can make a decision about what to eat, how to eat... And the fact that those sick people can't is really unfair.

So my aim in life is to give people an informed choice. And I think David Unwin mentioned yesterday, he always talks to his patients... "Do you want to have medications for the rest of your life or do you want to change the way you eat?" And they will choose that, but at least they can choose. And they know what the right thing is, right?