

PREVIEW_ John Mahoney - Interview (FL FEB 2017) 1

John Mahoney: I read about the diet in the afternoon, I had dinner with my wife's family, we went to a local diner and I was just sitting there and I was thinking about the diet and we were all ordering and I said, "I will just take a burger and a salad, no dressing and no bun either, just a burger."

And everyone at the table kind of looked at me, because it really wasn't the carb I didn't like previous to this moment.

Dr. Eenfeldt: Something has happened, huh?

John Mahoney: Yeah, they were like, "What happened?" And after, you know, the waiter walked away and everyone was like, "Hey, what's happened to your order?" And I was like, "I was reading about this diet and it seems like it could be interesting."

So then we walked home from diner and so on and so forth. Then I stayed on this diet and then I went through... to follow along with chemo. So the Stupp protocol for a brain tumor is essentially have a resection, in my case is an awake craniotomy.

Then you do radiation and specifically with the Stupp protocol it's radiation with low-dose chemo and then there is a period of 6 to 12 months where you continue with higher doses of chemo. And then throughout that process they basically want to look at the tumor and the effects on it.

I think it's every two months. So I go to the to Johns Hopkins and they're looking at my brain scan and I noticed just from my very patient oriented perspective, not medical at all, that they were looking at it for an awful long time.