PREVIEW Chris Pattinson - Interview (Manchester 2017) 1

Chris Pattinson: We were on holiday in Scotland, a little remote cottage in the middle of nowhere. We decided to nip out on a Sunday morning and my wife said, "I've got a bit of heartburn.

Can we find a shop, or a chemist or something?" So yeah, Scotland, Sunday morning, middle of October, nothing open. So we drive around about an hour. I pulled up into this junction and I looked across at her... "Are you okay?" She says, "I think I need a doctor."

I thought, "Heather never goes to see a doctor." So I knew there was something wrong. So I tried get to the next town as quickly as possible. How the hell am I going to find a hospital? I don't know the place.

Somebody must be looking down on us, must have been, because as we go around this corner the hospital was in front of us. We drove in, they saw her, put her in a wheelchair and wheeled her off. I was wandering around for about a half an hour. They didn't say anything.

They come out, took me into this room, told me to sit down. He says, "We brought her in. "Within four minutes her eyes started rolling, she passed out unconscious. But luckily we defibrillated her and managed to bring her back."

Yeah, they saved her, but four minutes more and it would have been a different story. Game over. They sent us out with these leaflets from an organization I think, called Heart UK, "You need low-fat and do this, do that.

And also by the way you're type 2 diabetic as well." As if it was something totally different, unrelated. So I knew we got to change things.