

## PREVIEW - Gary Taubes Presentation (S2016) 3

**Gary Taubes:** We have trouble explaining obesity by just saying people take in more calories than they expend. It's like trying to explain why Warren Buffett is so wealthy by saying he made more money than he spent.

And then you say, "But what about Bill Gates? He is also wealthy." And I say, "He also made more money than he spent." What if I told you about why they are wealthy? That this lecture was about climate change and you want to know why the atmosphere is heating up.

And I say, "Because it's taking in more energy than it expends." You would leave the room. I'm describing something that has to happen. If the atmosphere heats up, if people get rich, they take in more money than they spend, if somebody gets fatter, they have to have taken in more calories than they expended.

Why? So I have a better hypothesis that actually explains something rather than just describes it.