

PREVIEW_ Dr. David Unwin - Helping Patients with Type 2 Diabetes

(Breckenridge 2017) 1

Dr. Unwin: I called the lady in and when the lady came in from the consulting room, I didn't recognize her, I really didn't recognize this lady. I thought I called in the wrong patient and I said, "No, it's Mrs. Jones I wanted. Would you mind waiting in the waiting room?" And she said, "I am Mrs. Jones."

She has lost tons of weight and looked amazing. And also when we did the blood test, she had reversed her diabetes, or maybe put it into remission. And that was really one of the very first times I'd ever seen diabetes put into remission.

In 25 years I haven't seen a single case, not one, and then I had this lady come. So obviously I was fascinated how would she done this amazing thing. And then she was very humbling, because she said, "You're not going to like this, Dr. Unwin. Maybe I shouldn't tell you"

And I thought this woman has changed her life and she's too embarrassed to tell the doctor how she's done it. So I said, "Please, I'm not going to shout. Obviously you know something I don't, I got stuff to learn."