

Dr. Aseem Malhotra – Diet Health and an Epidemic of Misinformation (preview)

Currently we have an epidemic of misinformation

for both doctors and patients.

And I described there were seven sins that contributed to this epidemic of misinformation.

The first one is Biased funding of research

and that research is funded because it is likely to be profitable,

not because it benefits patients.

Secondly, we don't have Biased reporting in medical journals,

Biased patient pamphlets,

Biased supporting in the media,

Commercial Conflicts of interest,

Defensive medicine

and Medical curricula that failed to teach doctors

how to comprehend and communicate health statistics.

Financial Conflicts of Interest is a Culture to do More

and you know, that happens because, you know,

there's a financial incentive to do more investigations and more procedures

and put profits before patients quite often.

In the United States, from minority, greed smothers the conscience.

So, one cardiologist is jailed

for ordering \$19 million dollars worth of unnecessary investigations and procedures.

That is the tip of the iceberg.

Part of this issues are because the system.

There is a fee for service model in the US health system

that contributes to this over use.

In the UK we also have something called "payment by results",

which in reality is "payment by activity".

And just looking to coronary stenting, so this is what I'm trying to do

and there's no doubt that people having stent string at heart attack is a life-saving procedure,

but many people have stents done electively,

they have diagnosed coronary artery disease and they'll have stent put in.