

Fat Head Director Trailer

Chareva Naughton: And would you like fries with that?

Tom Naughton: Yeah, let me have a large--

Stop, stop tempting this innocent man with your fatty foods.

We've been fed a load of baloney.

Government agencies have been feeding us baloney.

Anchorman: The Center for Disease Control said it made a mistake about the scope of the obesity epidemic in the country.

Eric Oliver PhD: If you were obese and you died from a snake bite, they would say that it was your obesity that was causing your death, not the snake bite.

Man: It takes years to look like this.

Tom Naughton: It does?

Man: I've worked on it.

Tom Naughton: Researchers and scientists have been feeding us baloney.

Dr. Al Sears: The hypothesis that when you eat high fat that then that produces high cholesterol and the cholesterol produces heart disease is wrong in every one of those links.

Sally Fallon: The higher your cholesterol the longer you live. And this just shows up in study after study.

Dr. Michael Eades: But when you get back and you start looking at the medical literature and you route back through to find out where this whole idea came from, it's bogus.

Dr. Robert Olson: I have pleaded in my report and will plead again orally here for more research on the problem before we make announcements to the American public.

Dr. Mary Dan Eades: There were eminent scientists of the time saying this is nonsense, there is no good scientific evidence that either fat or cholesterol is at the root of heart disease.

Sen. George McGovern: I would only argue that senators don't have the luxury that a research scientist does of waiting until every last shred of evidence is in.

Tom Naughton: Even a muckraking documentary filmmaker fed us a load of baloney. To get my calorie count even close to Spurlockian proportions, I have to super-size my lunch, super-size my dinner, then throw in two desserts. Isn't it also possible to live on fast food and actually lose weight?

Dr. Eric Feit: Let's step up here and see what damage you've done. I have no idea why this is...I don't like what you're proving here.

Dr. Michael Eades: We were all subjects in a giant experiment; the hypothesis of which was that fat is bad for us. And now here we all are at the end of this giant experiment, type 2 diabetes is at a screamingly high rate and way, way more people are overweight than used to be.

Tom Monahan: ♪Fat Head, Fat Head, yeah,♪

♪I'm going to start thinking smarter.♪